



## Beyond the Garden Gate Elk Grove Garden Club

### 2023 Winner of the Mayor's Volunteer Award

[www.elkgrovegardenclub.org](http://www.elkgrovegardenclub.org) March 2024 Vol 16 Issue 7

Tenley Willock, Editor

Mary Adams-Wiley, Assistant Editor

**Monthly Meeting March 14<sup>th</sup> at the Gil Albani Recreation Center, 8830 Sharkey Ave, Elk Grove. A complimentary brunch is served at 10 am and the meeting is at 10:30am. *March is a Petal Connection month. Bring your cans and ribbons.***

### *Message from the Co-Presidents*

Maureen Slocum and Mary Anne Strohmaier

March is the first month of Spring. Symbolically the month of March represents new growth, fertility and procreation in humans, plants, and animals. This is the perfect time to take stock of your yard (what worked and didn't work) and design this year's plan for implementation. So, get out there and keep gardening!

### March Birthdays

3/1 **Gayle Martin**  
3/2 **Inez Wright**  
3/8 **Susan Muckey**  
3/13 **Donna Williams**  
3/14 **Kris Schoeller**  
3/29 **Silvia Boggs**



*Daffodils are March's birth flower. They represent forgiveness, trust, honesty, and true love. Looking like a trumpet, they signal Spring's arrival.*

### *March's Presentation, "Tapping into the Healing Wisdom of Plants"* *By Colette Armao*



Colette Armao is a UCCE Master Gardner who inherited her interest in all things plants and the wisdom of ancient botany from her farm girl mother. Her grandfather farmed his land using methods common in today's organic permaculture practices such as crop rotation, field fallowing, composting, and companion planting. That love of the land and plants lead Colette to studying botany, herbal medicine and skin care making, Traditional Chinese Medicine, Ayurveda, Native American use of plants, essential oils, and flower essences. She was charmed as a child by Kate Greenway's language of flowers, and delved into how people use flowers to express

their feelings, and the impact that fragrance has on the human psyche. Colette is a Sacramento County Master Gardener where she's a member of the herb and compost teams. She also belongs to the Sacramento Chapter of the California Native Plant Society and is converting her yard into a wildlife habitat garden. As an aside, Colette is retired military & served as a judge at the 1981 & 1982 International Science Fairs in the botany category. She is also a well-trained and compliant wait staff to *two* very spoiled cats.

### ***Gardening Activities for March***

- 1) Plant root crops: carrots, beets, turnips, radishes and potatoes.
- 2) Plant peas and start seeds indoors in mid to late March.
- 3) Plant cool season annuals: calendulas, lobelia, larkspur, petunias, oriental poppies, daisies, and violas.
- 4) Plant snapdragons, hollyhocks, delphiniums, nicotiana, geraniums and nasturtiums.
- 5) Start adding mulch and amendments. Stomp out weeds early by adding a couple of inches of mulch to your garden.
- 6) Plant gladiolus corms and Asiatic lily bulbs.
- 7) Plant early spring vegetables: cabbages, kale, broccoli, cauliflower, onions, leeks, endive, escarole, fennel, lettuce, spinach, fava beans, arugula and artichokes.
- 8) Don't let the weeds get ahead of you! Pull or spray them.



### ***Plant Table – Maria Schiffler***

During the monthly meeting there will be a table for plants and other garden-related items for members and guests to take for free. This is a fun and economical way to take a plant home to learn how to grow it or add to your garden collection. You don't have to bring an item to get an item; we trust that you will donate when you can.

Plants can include potted plants and starts, clippings, seeds, and bulbs/corms/tubers. Related items can include gardening books, magazines, tools, pots, etc. Bring these items with you to the meeting and put them on the table designated as the Plant Table. Questions? Contact Maria Schiffler, [sapphireherbalboutique@gmail.com](mailto:sapphireherbalboutique@gmail.com).



**Don't Forget Facebook!**

As usual the photos from the last meeting have been posted on Facebook. If you need help signing up for the EGGC Facebook page or have questions, contact Maria Schiffler.



# Elk Grove Garden Club



# PLANT SALE

April 6, 2024  
8:00 a.m. to 1:00 p.m.  
8609 Brodie Ct. Elk Grove 95624

**Cash or Check Only!**

Unusual Plants  
Indoor Plants  
Succulents  
Perennials  
Annuals  
Vegetables  
Garden Crafts



***April 6 — Details on the EGGC Plant Sale***  
*Co-chairs: Nancy Baldwin and Vivian Sellers*

**Mark Your Calendars!**

The plant sale also includes garden crafts from our own Botanical Arts and Crafts group, lead by Donna Williams. This will be our primary fundraiser for the year, and the money raised will be put toward our charitable efforts (scholarships and so forth).

**April 2-4, 2024** – Drop off your plants. Please deliver them to Vivian Seller's home between 9:00 am and 2:00 pm. If you need special times or delivery before April 2, call Vivian.

**April 6, 2024** – Sale Day! We will be sending around signup sheets for the workday and for the sale day at the March meeting. For the sale day, we will need volunteers to start early to put all the plants out, to be there to help with sales, and to stay after the sale to clean up. Look at your calendar and decide whether the "early shift" or the "late shift" (or both!) works for you and be ready to sign up. If you can't attend the meeting, call Vivian if you wish to volunteer.

**Label Your Plants!** Remember, before the plants are dropped off, **EACH** plant needs to be clearly labeled with its botanical and common name using labeling stakes or adhesive labels on each pot that won't come off.

**Provide a paper with information** on size, growing conditions, any other useful information. A photo of the plant is extremely helpful. Only one description paper is needed for any number of the same plants (e.g. if you have 10 of something, only one paper is needed). The description can be on full-sized, 8-½ x 11" paper or can be smaller. Here's an example of a one that's roughly 5" x 6" when printed including margins.

**Zephyranthes candida – Argentine Rain Lily**



Grows from bulbs and forms clumps of shiny, grassy leaves; good edging plant or groundcover; attracts beneficial insects. White flowers, blooms late summer through fall.

Grows 6-10" tall. Leaves are a dark glossy green. These plants grow best in full sun to partial shade and require regular irrigation.

UC Davis Arboretum All Star

**Important! What are you Growing?** If you haven't already done so, please email Vivian Sellers, [vrsellers@frontiernet.net](mailto:vrsellers@frontiernet.net), and let her know the names of your plants, quantities, and sizes of containers. This will help us in planning for the tables, etc.

Vivian needs a dozen or so 2-1/2" square plastic pots for some of her sale plants. Please bring them to the meeting next week if you can.

***If you use NextDoor, we need your help! Since NextDoor by nature is very local, the planning group for the sale cannot access each neighborhood's site, so we need your help. Please take a moment to publicize our plant sale using the information from the flyer that was distributed at the Feb meeting. If you missed the meeting or need more flyers, email Nancy Baldwin and she can send you the document to print.***

## *Upcoming Events*

***Most listings are for shows and sales, but note in particular the April 13 propagation class with CCSD and the April 24 UC Davis Botanical Conservatory Field Trip that Chris Duane is organizing for EGGC members and guests.***

***As usual we thank Jan Fetler of the Gardeners of the Grove for sharing listings.***

**March 9** (Saturday) 9am till 3pm, **Perennial Plant Club Gardener's Market**, 3330 McKinley Blvd, Sacramento

**March 9** (Saturday) 9am till 1pm, **Member Appreciation Plant Sale**, UC Davis Arboretum, <https://arboretum.ucdavis.edu/plant-sales>

**March 12** (Saturday) 9am till Noon, **Master Gardeners Open Garden**, 11549 Fair Oaks Blvd, Fair Oaks <https://sacmg.ucanr.edu/?calitem=572618>

**March 16/17** (Saturday/Sunday) 10am till 4/3pm, **Shepard Garden & Arts Center Spring Sale**, 3330 McKinley Blvd., Sacramento

**March 23** (Saturday) 10a till 4pm, **Cymbidium Society Sale**, 3330 McKinley Blvd., Sacramento

**April 6** (Saturday) 10am till 4pm, **African Violet Society Sale**, 3330 McKinley Blvd, Sacramento

**April 6** (Saturday) 8a till 1p, **Elk Grove Garden Club Plant Sale**, 8906 Brodie Court, Elk Grove

**April 6** (Saturday) 10a till 3p, **California Native Plant Society Sale**, 2140 Chase Drive, Rancho Cordova <https://www.sacvalleycnps.org/plant-sales/>

**April 7** (Sunday) 9a till 1p **Plant Sale**, UC Davis Arboretum <https://arboretum.ucdavis.edu/plant-sales>

**April 13/14** (Saturday/Sunday) 9a till 1p **Sacramento Perennial Plant Club Sale**,  
1911 Bannon Creek Drive, Sacramento

**April 13/14** (Saturday/Sunday) 8am till 5pm, **Bonsai Assn. Show and Sale**, 3330 McKinley  
Blvd, Sacramento

**April 13 CCSD Propagation Class** by Vivian Sellers for the community as well as our club  
will be held in the Poppy Room at the **Wackford Center**, 9014 Bruceville Road, **Saturday**  
from **10 am to 12 pm**. The cost through CSD is \$25.

**April 17** (Wednesday) 9am till Noon, **Master Gardeners Open Garden**, 11549 Fair Oaks  
Blvd, Fair Oaks <https://sacmg.ucanr.edu/?calitem=572619>

**April 24** (Wednesday) **UC Davis Botanical Conservatory Field Trip** organized by Chris  
Duane. Tour is led by Maureen Simon, one of the EGGC recent speakers. Cost is \$11 per  
person with a minimum group fee of \$99. Sign up at the EGGC meeting or contact Chris  
Duane to be added to the attendee list.

**April 27** (Saturday) 9a till 1p **Plant Sale**, UC Davis Arboretum  
<https://arboretum.ucdavis.edu/plant-sales>

**May 11** (Sunday) 9a till 1p **Clearance Plant Sale**, UC Davis Arboretum  
<https://arboretum.ucdavis.edu/plant-sales>

**August 3** (Saturday) **9am till Noon**, **Master Gardeners Harvest Day**, 11549 Fair Oaks  
Blvd, Fair Oaks

~~~~ *Garden Tours* ~~~~

**April 27** (Saturday) 9:30a till 4p, **Gardens Gone Native Plant Tour**, California Native Plant  
Society <https://www.sacvalleycnps.org/gardens-gone-native-tour/>

**April 27/28** (Saturday/Sunday) Times/Details TBA, **Gardens of Folsom Tour**, 3330 McKinley  
Blvd, Sacramento

**May 11/12** (Saturday/Sunday) Times/Details TBA, **East Sac Garden Tour**, Benefits the David  
Lubin Elementary School

**May 25** (Saturday) 9am till 2p, **GOTG Garden Tour**, Elk Grove; brochure coming soon