

### Beyond the Garden Gate Elk Grove Garden Club

### 2023 Winner of the Mayor's Volunteer Award

www.elkgrovegardenclub.org October 2023 Vol 16 Issue 2

#### Monthly Meeting October 12, 2023

#### Gil Albiani Recreation Center 8830 Sharkey Avenue Elk Grove

Complimentary Continental Breakfast at 10 am and Meeting at 10:30.



October Birthdays
Guy Bloyed 10/14
Marylee Trimmer 10/14
Rhinda Sharples 10/15

### Gardening Activities for October

- Sow fall veggies and herbs.
- Check irrigation systems and adjust timers for the cooler weather ahead.
- Dethatch and reseed your lawn, insulate roots with a 2" layer of mulch.

Tinley Willock, Editor Mary Adams-Wiley, Assistant Editor

# **Message from the Co-Presidents Maureen Slocum and Mary Anne Strohmaier**

"Fall has always been my favorite season. The time when everything bursts with its last beauty, as if nature had been saving up all year for the grand finale." – Lauren Destefano

This quote resonates with many of us who love the fall season. The warm days and cool nights are perfect for morning walks to take in all the changing beauty of Autumn. In our own environment, it is time to change our irrigation schedule, divide perennials, weed, mulch, and fertilize.



#### October birth month flowers - Marigolds and Cosmos

Mary's gold" stems from the Middle Ages, when marigolds were sometimes used in place of coins or gold to offer prayers. Marigolds are a sturdy flower, surviving through autumn. This gives them the meaning of stubbornness and determination. They also symbolize warmth, passion, and creativity.

The cosmos flower gets its name from the Greek word kosmos, which means "world", "order" or "a harmonious arrangement". This is because cosmoses have very neatly ordered petals, reflecting the order and harmony of the universe—a.k.a. the cosmos. They represent luck and have many medicinal purposes.

We are all excited to be back together to share our love of gardening and expanding our knowledge.



#### October's Speaker - Marlene Simon

We have a fabulous speaker lined up for our meeting. Marlene Simon started gardening at the age of six when she would have her parents order bulbs off the backside of Parade Magazine.

She has a quick wit, engaging nature, and captivating on-air personality. She is the curator of the magical and magnificent UC Davis Botanical Conservatory in Davis. It is there where she grows and cares for over 4,000 specimens of the world's most exotic, strangest, and rarest plants and flowers.

When not in the conservatory, she can be found bimonthly on Good Day Sacramento where she is known as the "Plant Lady".

Her podcast is called Flower Power Garden Hour where she talks with guests on all aspects of gardening. Follow her @marlenetheplantlady on Facebook/Instagram and on EverythingGardeningwithMarleneSimon on You Tube. We know you will all enjoy her presentation on "**Debunking Garden Myths**".

**Reminder:** Please pay your dues if you have not already done so. **The deadline is October 12**, the day of our next meeting. Only paid up members are included in the yearbook. Checks can be mailed earlier to the post office box for anyone not attending the meeting. The address is: Elk Grove Garden Club, P.O. Box 385, Elk Grove, CA 95759-0385. Please email the Treasurer, Susan Muckey, <a href="mailto:samuckey@gmail.com">samuckey@gmail.com</a> to inform her that your check is in the mail.





#### CSD Succulent Pumpkin Workshop — Sold Out!

Vivian Sellers asks that members bring succulent cuttings to the October meeting. They can also be dropped off at her home prior to October 12, and they should have 1-2" stems.

Succulents, moss, dried grasses, twigs and any other useful items are needed. Our members have loaned Vivian enough glue guns for the class. She also has signed up enough assistants to help her.



#### CSD Workshop — Learn to Paint a Mandala — Places still open

Susan Muckey is teaching this workshop on Saturday, November 4, 10 am until noon at the Wackford Complex, Poppy Room. Participants ages 16 and up will learn to make a mandala by painting a decorative rock. All supplies are included; each person will receive a tool kit to make more mandalas. Mandala painting requires no talent or special skill. The class fee is \$35, and the profit goes to CSD scholarships for kids. Several EGGC members took this class last year and had such fun and great success! Reserve your place now.

## Registration for classes and workshops through CSD can be done online at https://www.cosumnescsd.gov/202/Certifications-Classes#:~:text= or by phone, 916 405-5600.

You may also register in person at the CSD Administration Building, 8820 Elk Grove Blvd. the Wackford Complex, Albiani Recreation Center, or Elk Grove Aquatics Center.

#### Sacramento River Valley District (SRVD) Board Meeting September 19, 2023 at the Sacramento Shepard Garden Center Susan Muckey

As a representative of the Elk Grove Garden Club, I attended the SRVD board meeting. Each garden club in our district has a vote on the decisions made by our district. Our club, based on membership, is allowed 2 delegates.

The Sacramento River Valley District (SRVD) serves 15 garden and floral design clubs. The board meets 4 times a year and the district meetings are held 3 times a year.

The Fall Festival, October 7-8 (held at the Shepard Garden Center) provides the garden clubs and other special interest groups an opportunity to sell plants and crafts. Each club in our district is expected to provide plants for this event or pay a flat fee of \$30.00. Naturally they would prefer plants, but most of the time we do pay the \$30.00.

I enjoyed going to the meeting and listening to the projects of other clubs. Folsom does a Smokey Bear poster contest with some of the elementary school classes. Arden Garden Club announces their meetings in "Next Door". We might consider that. I did stand up and brag about our club being awarded last year's "Volunteer of the Year" award. They were very impressed.

I hope some of you will decide to go to the district meeting coming up in November. More about that below. Don't confuse the **District Board meeting** reported here with the **District Meeting** which is described in the next article and is open to all members. In fact, all EGGC members encouraged to attend.

# Sacramento River Valley District (SRVD) Meeting November 14, 8:30 am to 1:30 pm at the Sacramento Shepard Garden Center

Join your EGGC friends and carpool or drive on your own for a day that includes snacks upon arrival, the opportunity to meet attendees from other clubs, a great speaker, a short business meeting, a plant sale, raffle (\$1/ticket), and a delightful lunch all for only \$15. Sign up at the October 12 EGGC meeting, or if you cannot make it to that meeting contact Linda Brett, LindaBrett8596@comcast.net.

Linda must call in our reservations a week ahead on November 7. The carpool will leave from Burlington Coat Factory. The speaker for this event is Lauren Port, Assistant Director UC Davis Foundation Plant Services. The Foundation does virus disease detection elimination. Lauren will talk about propagation stock, a topic of great interest to our club since we will be busy propagating plants this fall for the spring sale.

#### **April EGGC Plant + Garden Craft Sale**

Nancy Baldwin

The plant and craft sale is on! The club voted at the September meeting to proceed with a sale that will be held April 13, 2024. This will be our primary fundraiser for the year, and the money raised will be put toward our charitable efforts (scholarships and so forth).

Vivian Sellars and Nancy Baldwin are co-chairing the event. There are several steps all members need to be taking now – and there is a way for everyone to participate. Please consider how you can help this group project.

#### **April EGGC Plant + Garden Craft Sale (continued)**

Here are things you can do now:

- Save empty 6-inch pots (for houseplants) and the trays you get from the nursery and bring them to the next meeting.
- Start propagating interesting plants (think color, form, shape). We want well-rooted plants by next April.
- Contact Vivian if you are willing to grow out plants others have propagated by keeping them at your house, watering them, and generally babysitting them.
- Start working on garden-related crafts that we can sell alongside the plants.

Here are things you can do later:

- Volunteer to help with publicity.
- Sign up for the logistics committee that will be working to organize day-of-sale efforts (contact Nancy).
- Volunteer to work on the sale day to greet people, answer questions, help buyers take purchases to their vehicle, set up and take down tables, etc.

We are very excited about the plant sale, and with everyone's efforts, know we can make it a big success.



List provided by Jan Fetler, Editor of The Scarecrow, the newsletter of the Gardeners of the Grove. Thank you, Jan.

October 7/8 (Saturday/Sunday) 10a till 3p, Shepard Garden & Arts Center Fall Plant Sale, 3330 McKinley Blvd., Sacramento

October 11 (Wednesday) 9a till Noon, Master Gardeners Open Garden, Fair Oaks Horticulture Center, 11549 Fair Oaks Blvd., Fair Oaks

October 21 (Saturday) 9a till 1p, UC Davis Arboretum Plant Sale, Members only till 11a Location: https://campusmap.ucdavis.edu/?b=204

**November 4** (Saturday) 9a till 1p, **UC Davis Arboretum Public Clearance Plant Sale**, Location: https://campusmap.ucdavis.edu/?b=204

**November 4** (Saturday) 1 till 4p, **UC Davis Bohart Museum of Entomology**, Monarch Butterflies, 455 Crocker Lane, UC Davis https://bohart.ucdavis.edu/

November 18/19 (Saturday/Sunday) 10a till 4/2p, Chrysanthemum Society Show and Sale, 3330 McKinley Blvd., Sacramento

March 9, 2024 (Saturday) 9a till 3p, Perennial Plant Club Gardener's Market, 3330 McKinley Blvd., Sacramento

March 16/17 (Saturday/Sunday) 10a till 4/3p, Shepard Garden & Arts Center Spring Sale, 3330 McKinley Blvd., Sacramento

March 23 (Saturday) 10a till 4p, Cymbidium Society Sale, 3330 McKinley Blvd., Sacramento

April 6 (Saturday) 10a till 4p, African Violet Society Sale, 3330 McKinley Blvd., Sacramento

April 13 (Saturday) Times and location TBA, Elk Grove Garden Club Plant + Garden Craft Sale

Affiliated with: National Garden Club, Inc, Pacific Region of National Garden Clubs, Inc, California Garden Club, Inc, Sacramento River Valley District.